


**JUNE 2022**  
**IN PERSON AT AVALON WOMEN'S CENTRE WHITE ROCK**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p><b>Centre hours:</b>  Monday-Friday: 10:00am – 4:00pm  Saturday and Sunday: 10:00am – 2:00pm</p>		<p>As our schedule sometimes changes, please visit our website for up-to-date information  <a href="http://avalonrecovery.org/schedule">avalonrecovery.org/schedule</a></p>		
			<p>1 10:30am – AA</p> <p>12:00pm – Acupuncture (must pre-register)</p> <p>5:30pm - Women's Way 12 Step Recovery</p>	<p>2 10:30am – AA</p> <p>12:30pm – Double Winners</p>	<p>3 10:30am – AA</p>	<p>4 9:00am – Virtual Yoga</p> <p>10:30am – AA</p> <p>2pm - AA Bakerview Park Meeting</p>
<p>5 10:30am – AA</p> <p>12pm - Smart Recovery</p>	<p>6 10:30am – AA</p> <p>1:00pm – Al Anon</p>	<p>7 10:30am – AA</p> <p>12:30pm - Women's Way 12 Step Recovery</p> <p>6:30pm Alanon: Non-Violent Communication</p>	<p>8 10:30am – AA</p> <p><b>No Acupuncture</b></p> <p>5:30pm - Women's Way 12 Step Recovery</p>	<p>9 10:30am – AA</p> <p>12:30pm – Double Winners</p>	<p>10 10:30am – AA</p>	<p>11 9:00am – Virtual Yoga</p> <p>10:30am – AA</p> <p>2pm - AA Bakerview Park Meeting</p>
<p>12 10:30am – AA</p> <p>12pm - Smart Recovery</p>	<p>13 10:30am – AA</p> <p>1:00pm – Al Anon</p>	<p>14 10:30am – AA</p> <p>12:30pm - Women's Way 12 Step Recovery</p> <p>6:30pm Alanon: Non-Violent Communication</p>	<p>15 10:30am – AA</p> <p>12:00pm – Acupuncture (must pre-register)</p> <p>5:30pm - Women's Way 12 Step Recovery</p>	<p>16 10:30am – AA</p> <p>12:30pm – Double Winners</p>	<p>17 10:30am – AA</p> <p>7:00pm – SLAA (meets in-person once a month)</p>	<p>18 9:00am – Virtual Yoga (<b>last class</b>)</p> <p>10:30am – AA</p> <p>2pm - AA Bakerview Park Meeting</p>
<p>19 10:30am – AA</p> <p>12pm - Smart Recovery</p>	<p>20 10:30am – AA</p> <p>1:00pm – Al Anon</p>	<p>21 10:30am – AA</p> <p>12:30pm - Women's Way 12 Step Recovery</p> <p>6:30pm Alanon: Non-Violent Communication</p>	<p>22 10:30am – AA</p> <p>12:00pm – Acupuncture (must pre-register)</p> <p>5:30pm - Women's Way 12 Step Recovery</p>	<p>23 10:30am – AA</p> <p>12:30pm – Double Winners</p>	<p>24 10:30am – AA</p>	<p>25 10:30am – AA</p> <p>2pm - AA Bakerview Park Meeting</p>
<p>26 10:30am – AA</p> <p>12pm - Smart Recovery</p>	<p>27 10:30am – AA</p> <p>1:00pm – Al Anon</p>	<p>28 10:30am – AA</p> <p>12:30pm - Women's Way 12 Step Recovery</p> <p>6:30pm Alanon: Non-Violent Communication</p>	<p>29 10:30am – AA</p> <p>12:30pm – Double Winners</p> <p>5:30pm - Women's Way 12 Step Recovery</p>	<p>30 10:30am – AA</p> <p>12:30pm – Double Winners</p>	<p><b>Sometimes the bravest and most important thing you can do is show up."</b>  - Brené Brown</p>	