


JUNE 2022
IN PERSON AT AVALON WOMEN'S CENTRE NORTH SHORE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------------------|--|--------------------|---|--|---|
|  | | Centre hours: Monday to Wednesday: 10:00am – 4:00pm Thursday: 10:00am – 8:00pm Friday: 10:00am – 4:00pm and 4:30pm – 8:30pm Saturday and Sunday: 10:00am – 2:00pm | | As our schedule sometimes changes, please visit our website for up-to-date information avalonrecovery.org/schedule | | |
| | | | | 1 12:15pm - AA | 2 12:15pm – AA 6:00pm – SMART Recovery | 3 Childminding 11:30am-1:30pm 12:15pm – AA 7:00pm – NA |
| 5 12:15pm - AA | 6 12:15pm - AA | 7 12:15pm - AA | 8 12:15pm – AA | 9 12:15pm – AA 6:00pm – SMART Recovery | 10 Childminding 11:30am-1:30pm 12:15pm – AA 7:00pm – NA 7:00pm – CODA | 11 10:30am – Big Book 12:15pm - AA |
| 12 12:15pm - AA | 13 12:15pm - AA | 14 12:15pm - AA | 15 12:15pm - AA | 16 12:15pm – AA 6:00pm – SMART Recovery | 17 Childminding 11:30am-1:30pm 12:15pm – AA 7:00pm – NA | 18 10:30am – Big Book 12:15pm - AA |
| 19 12:15pm - AA | 20 12:15pm - AA | 21 12:15pm - AA | 22 12:15pm - AA | 23 12:15pm - AA | 24 Childminding 11:30am-1:30pm 12:15pm – AA 7:00pm – NA 7:00pm – CODA | 25 10:30am – Big Book 12:15pm - AA |
| 26 12:15pm - AA | 27 12:15pm - AA | 28 12:15pm - AA | 29 12:15pm - AA | 30 12:15pm - AA | | |

"Sometimes the bravest and most important thing you can do is show up."
 - Brené Brown