


August 2022
IN PERSON AT AVALON WOMEN'S CENTRE WHITE ROCK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 BC Day – Holiday Hours 10am-2pm 10:30am – AA 1:00pm – AI Anon	2 10:30am – AA 12pm - AA Bakerview Park Meeting 12:30pm - Women's Way Recovery 6:30pm Communication Workshop	3 10:30am – AA 12:00pm – Acupuncture (must pre-register) 5:30pm - Women's Way Recovery 7pm AA Step Group (Closed)	4 10:30am – AA 12:30pm – AI-Anon for Alcoholics: Double Winners	5 10:30am – AA	6 10:30am – AA 12pm - AA Bakerview Park Meeting
7 10:30am – AA 12pm-SMART Recovery	8 10:30am – AA 1:00pm – AI Anon	9 10:30am – AA 12pm - AA Bakerview Park Meeting 12:30pm - Women's Way Recovery 6:30pm Communication Workshop	10 10:30am – AA 12:00pm – Acupuncture (must pre-register) 5:30pm - Women's Way Recovery 7pm AA Step Group (Closed)	11 10:30am – AA 12:30pm – AI-Anon for Alcoholics: Double Winners	12 10:30am – AA	13 10:30am – AA 12pm - AA Bakerview Park Meeting
14 10:30am – AA 12pm-SMART Recovery	15 10:30am – AA 1:00pm – AI Anon	16 10:30am – AA 12pm - AA Bakerview Park Meeting 12:30pm - Women's Way Recovery 6:30pm Communication Workshop	17 10:30am – AA 12:00pm- NO Acupuncture 5:30pm - Women's Way Recovery 7pm AA Step Group (Closed)	18 10:30am – AA 12:30pm – AI-Anon for Alcoholics: Double Winners	19 10:30am – AA 7:00pm – SLAA (meets in-person once a month)	20 10:30am – AA 12pm - AA Bakerview Park Meeting
21 10:30am – AA 12pm-SMART Recovery	22 10:30am – AA 1:00pm – AI Anon	23 10:30am – AA 12pm - AA Bakerview Park Meeting 12:30pm - Women's Way Recovery 6:30pm Communication Workshop	24 10:30am – AA 12:00pm – Acupuncture (must pre-register) 5:30pm - Women's Way Recovery 7pm AA Step Group (Closed)	25 10:30am – AA 12:30pm – AI-Anon for Alcoholics: Double Winners	26 10:30am – AA	27 10:30am – AA 12pm - AA Bakerview Park Meeting
28 10:30am – AA 12pm-SMART Recovery	29 10:30am – AA 1:00pm – AI Anon	30 10:30am – AA 12pm - AA Bakerview Park Meeting 12:30pm - Women's Way Recovery 6:30pm Communication Workshop	31 10:30am – AA 12:00pm – Acupuncture (must pre-register) 5:30pm - Women's Way Recovery 7pm AA Step Group (Closed)		<p>As our schedule sometimes changes, please visit our website for up-to-date information avalonrecovery.org/schedule</p> <p>Centre hours: Monday-Friday: 10:00am – 4:00pm Saturday and Sunday: 10:00am – 2:00pm</p>	