


## August 2022 – ZOOM/PHONE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 6:30pm Big Book Study 7:00pm COSA	<b>2</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Women's Way 12 Step Recovery 6:30pm Communications Workshop 7:00pm AA Step	<b>3</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:30pm Women's Way 12 Step Recovery 6:00pm SMART Recovery 7:00pm AA Step Group (closed) 7:30pm NA	<b>4</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics: Double Winners 7:00pm CODA 7:00pm AA for Agnostics	<b>5</b> 10:00am Al-Anon Step 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 4:00pm ACOA 5:00pm AA Beginner 6:00pm SMART Recovery for Family & Friends SLAA (phone) 7:00pm AA Step 7:00pm AA	<b>6</b> 9:00am AA Russian Speaking 10:25am Step 11 Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
<b>7</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	<b>8</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 6:30pm Big Book Study 7:00pm COSA	<b>9</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Women's Way 12 Step Recovery 6:30pm Communications Workshop 7:00pm AA Step	<b>10</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:30pm Women's Way 12 Step Recovery 6:00pm SMART Recovery 7:00pm AA Step Group (closed) 7:30pm NA	<b>11</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics: Double Winners 7:00pm CODA 7:00pm AA for Agnostics	<b>12</b> 10:00am Al-Anon Step 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 4:00pm ACOA 5:00pm AA Beginner 6:00pm SMART Recovery for Family & Friends SLAA (phone) 7:00pm AA Step 7:00pm AA	<b>13</b> 9:00am AA Russian Speaking 10:25am Step 11 Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
<b>14</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	<b>15</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 6:30pm Big Book Study 7:00pm COSA	<b>16</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Women's Way 12 Step Recovery 6:30pm Communications Workshop 7:00pm AA Step	<b>17</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:30pm Women's Way 12 Step Recovery 6:00pm SMART Recovery 7:00pm AA Step Group (closed) 7:30pm NA	<b>18</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics: Double Winners 7:00pm CODA 7:00pm AA for Agnostics	<b>19</b> 10:00am Al-Anon Step 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 4:00pm ACOA 5:00pm AA Beginner 6:00pm SMART Recovery for Family & Friends AA Step 7:00pm AA	<b>20</b> 9:00am AA Russian Speaking 10:25am Step 11 Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
<b>21</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	<b>22</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 6:30pm Big Book Study 7:00pm COSA	<b>23</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Women's Way 12 Step Recovery 6:30pm Communications Workshop 7:00pm AA Step	<b>24</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:30pm Women's Way 12 Step Recovery 6:00pm SMART Recovery 7:00pm AA Step Group (closed) 7:30pm NA	<b>25</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics: Double Winners 7:00pm CODA 7:00pm AA for Agnostics	<b>26</b> 10:00am Al-Anon Step 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 4:00pm ACOA 5:00pm AA Beginner 6pm SMART for Family & Friends 7:00pm SLAA (phone) 7:00pm AA Step 7:00pm AA	<b>27</b> 9:00am AA Russian Speaking 10:25am Step 11 Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
<b>28</b> 10:25am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	<b>29</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 6:30pm Big Book Study 7:00pm COSA	<b>30</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Women's Way 12 Step Recovery 6:30pm Communications Workshop 7:00pm AA Step	<b>31</b> 8:30am Step 11 Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:30pm Women's Way Recovery 6:00pm SMART Recovery 7:00pm AA Step Group (closed) 7:30pm NA			<p><i>To receive login details for virtual meetings, you need to register in advance: <a href="http://avalonrecovery.org/schedule">avalonrecovery.org/schedule</a> and select the BOOK button for the applicable meeting.</i></p> <p><i>Also note, the schedule sometimes changes, so please refer to the website for most up-to-date schedule.</i></p>