


# November 2022 in Person at Vancouver Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 10am Soul Stretch Yoga 12:30pm AA <b>5:30pm - All Addictions                      12 Step meeting</b>	2 10am Soul Stretch Yoga 12:30pm AA <b>6pm-7:30pm SMART                      Recovery Friends/Family</b>	3 10am Soul Stretch Yoga 12:30pm AA <b>6pm-9pm Games Night                      7pm AA for Agnostics</b>	4 10am Soul Stretch Yoga 12:30pm AA	5 12:30pm - AA	
	6 12:30pm - AA	7 10am Soul Stretch Yoga 12:30pm AA	8 10am Soul Stretch Yoga 12:30pm AA <b>5:30pm - All Addictions                      12 Step meeting</b>	9 10am Soul Stretch Yoga 12:30pm AA <b>6pm-7:30pm SMART                      Recovery Friends/Family</b>	10 10am Soul Stretch Yoga 12:30pm AA <b>6pm-9pm Games Night                      7pm AA for Agnostics</b>	11 <b>Remembrance Day</b> <b>Hours 11am to 3pm</b> 12:30pm AA	12 12:30pm - AA
	13 12:30pm - AA	14 12:30pm AA	15 10am Soul Stretch Yoga 12:30pm AA <b>5:30pm - All Addictions                      12 Step meeting</b>	16 10am Soul Stretch Yoga 12:30pm AA <b>6pm-7:30pm SMART                      Recovery Friends/Family</b>	17 10am Soul Stretch Yoga 12:30pm AA <b>6pm-9pm Games Night                      7pm AA for Agnostics</b>	18 10am Soul Stretch Yoga 12:30pm AA	19 12:30pm - AA
	20 12:30pm - AA	21 10am Soul Stretch Yoga 12:30pm AA	22 10am Soul Stretch Yoga 12:30pm AA <b>5:30pm - All Addictions                      12 Step meeting</b>	23 10am Soul Stretch Yoga 12:30pm AA <b>6pm-7:30pm SMART                      Recovery Friends/Family</b>	24 10am Soul Stretch Yoga 12:30pm AA <b>6pm-9pm Games Night                      7pm AA for Agnostics</b>	25 10am Soul Stretch Yoga 12:30pm AA	26 12:30pm - AA
	27 12:30pm - AA	28 10am Soul Stretch Yoga 12:30pm AA	29 10am Soul Stretch Yoga 12:30pm AA <b>5:30pm - All Addictions                      12 Step meeting</b>	30 10am Soul Stretch Yoga 12:30pm AA <b>6pm-7:30pm SMART for                      Friends/Family</b>	<b>Centre Hours</b> <b>Mon, Wed, Fri: 10:00m- 4:00pm</b> <b>Tues, Thurs: 10:00am – 9:00pm</b> <b>Saturday &amp; Sunday: 10:00am – 4:00pm</b> <b>Stat Holiday Hours 11am – 3pm</b>		

