


## November 2022 – ZOOM/PHONE

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		1 8:30am Meditation 10:30am AA 12:30pm AA 12:30pm Women's Way 12 Step 7:00pm AA Step	2 10:30am AA 12:15pm AA 12:30pm AA 6:00pm Al-Anon Step 6:00pm SMART Family+Friends 6:00pm SMART 7:30pm NA	3 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	4 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:00pm Women's Circle 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA (phone) 7:00pm AA Step	5 9:00am AA Russian Speaking 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA		
		6 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	7 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	8 8:30am Meditation 10:30am AA 12:30pm AA 12:30pm Women's Way 12 Step 7:00pm AA Step	9 10:30am AA 12:15pm AA 12:30pm AA 6:00pm Al-Anon Step 6:00pm SMART Family+Friends 6:00pm SMART 7:30pm NA	10 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	11 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA (phone) 7:00pm AA Step	12 9:00am AA Russian Speaking 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
		13 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	14 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	15 8:30am Meditation 10:30am AA 12:30pm AA 12:30pm Women's Way 12 Step 7:00pm AA Step	16 10:30am AA 12:15pm AA 12:30pm AA 6:00pm Al-Anon Step 6:00pm SMART Family+Friends 6:00pm SMART 7:30pm NA	17 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	18 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:00pm Women's Circle 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA (phone) 7:00pm AA Step	19 9:00am AA Russian Speaking 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
		20 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	21 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	22 8:30am Meditation 10:30am AA 12:30pm AA 12:30pm Women's Way 12 Step 7:00pm AA Step	23 10:30am AA 12:15pm AA 12:30pm AA 6:00pm Al-Anon Step 6:00pm SMART Family+Friends 6:00pm SMART 7:30pm NA	24 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Al-Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	25 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA (phone) 7:00pm AA Step	26 9:00am AA Russian Speaking 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA
		27 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	28 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	29 8:30am Meditation 10:30am AA 12:30pm AA 12:30pm Women's Way 12 Step 7:00pm AA Step	30 10:30am AA 12:15pm AA 12:30pm AA 6:00pm Al-Anon Step 6:00pm SMART Family+Friends 6:00pm SMART 7:30pm NA	<p><i>To receive login details for virtual meetings, you need to register in advance: <a href="http://avalonrecoveryociety.org/schedule">avalonrecoveryociety.org/schedule</a> and select the BOOK button for the applicable meeting.</i></p> <p><i>Also note, the schedule sometimes changes, so please refer to the website for most up-to-date schedule.</i></p>		