

January 2023 – ZOOM/PHONE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	2 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 7:00pm COSA	3 10:30am AA 12:30pm AA 12:30pm Women’s Way 12 Step Recovery 7:00pm AA Step	4 10:30am AA 12:15pm AA 12:30pm AA 6:00pm SMART 6:00pm SMART Family and Friends 7:30pm NA	5 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Double Winners Al- Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	6 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA 7:00pm AA Step	7 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA	
8 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	9 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 7:00pm COSA	10 10:30am AA 12:30pm AA 12:30pm Women’s Way 12 Step Recovery 7:00pm AA Step	11 10:30am AA 12:15pm AA 12:30pm AA 6:00pm SMART 6:00pm SMART Family and Friends 7:30pm NA	12 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Double Winners Al- Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	13 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA 7:00pm AA Step	14 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA	
15 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	16 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 7:00pm COSA	17 10:30am AA 12:30pm AA 12:30pm Women’s Way 12 Step Recovery 7:00pm AA Step Step	18 10:30am AA 12:15pm AA 12:30pm AA 6:00pm SMART 6:00pm SMART Family and Friends 7:30pm NA	19 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Double Winners Al- Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	20 10:00am Al-Anon Step 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm SLAA 7:00pm AA Step	21 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA	
22 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	23 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	24 10:30am AA 12:30pm AA 12:30pm Women’s Way 12 Step Recovery 7:00pm AA Step	t25 10:30am AA 12:15pm AA 12:30pm AA 6:00pm SMART 6:00pm SMART Family and Friends 7:30pm NA	26 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 12:30pm Double Winners Al- Anon for Alcoholics 7:00pm CoDA 7:00pm AA for Agnostics	27 10:00am Al-Anon Step 10:25am Meditation 10:30am AA NOON- Women's Circle 12:15pm AA 12:30pm AA 5:00pm AA Beginner 7:00pm AA Step	28 10:25am Meditation 10:30am AA Big Book 10:30am AA 12:15pm AA 12:30pm AA	
29 10:25am Meditation 10:30am AA 12:15pm AA 12:30pm AA 3:00pm SIA	30 10:30am AA 12:15pm AA 12:30pm AA 1:00pm Al-Anon 5:30pm ACA 7:00pm COSA	31 10:30am AA 12:30pm AA 12:30pm Women’s Way 12 Step Recovery 7:00pm AA Step	For Zoom meeting login details please register on avalonrecovery.org/schedule and select the BOOK button for the applicable meeting. The schedule can change, so please refer to the website for most up-to-date schedule.				