

AUGUST 2023 in Person at Vancouver Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 AVALON RECOVERY SOCIETY		1 10:00am - Yoga 12:30pm -AA 5:30pm All Addictions 12 step 6:30pm –Movie Night	2 10:00am Yoga 12:30pm AA 6-7:30pm SMART Recovery Friends & Family	3 10:00am Yoga 12:30pm AA 5:00pm POTLUCK 7:00pm AA for Agnostics	4 12:15pm AA	5 10:30-12:30pm - Eco Art Therapy 12:30pm - AA
		6 12:30pm - AA	7 Holiday Hours Noon - 2:00pm 12:30pm AA	8 10:00am - Yoga 12:30pm - AA 5:30pm All Addictions 12 Step 6:30pm - Movie Night	9 10:00am Yoga 12:30pm AA 6-7:30pm SMART Recovery Friends & Family	10 10m Yoga 12:30pm AA 6-8pm Games Night 7:00pm AA for Agnostics
*13 12: 30pm - AA	14 10:00am Yoga 12:30pm AA	15 10:00am - Yoga 12:30pm - AA 5:30pm All Addictions 12 Step 6:30pm –Movie Night	16 10:00am Yoga 12:30pm AA 6-7:30pm SMART Recovery Friends & Family	17 10:00am Yoga 12:30pm AA 6-8pm Games Night 7:00pm AA for Agnostics	18 12:15pm AA	19 12:30pm - AA
*20 12:30pm - AA	21 10:00am Yoga 12:30pm AA	22 10:00am -Yoga 12:30pm - AA 5:30pm All Addictions 12 Step 6:30pm Movie Night	23 10:00am Yoga 12:30pm AA 6-7:30pm SMART Recovery Friends & Family	24 10:00am Yoga 12:30pm AA 6-8pm Games Night 7:00pm AA for Agnostics	25 12:15pm AA	26 12:30pm - AA
27 12:30pm - AA	28 10:00am Yoga 12:30pm AA	29 10:00am - Yoga 12:30pm - AA 5:30pm All Addictions 6:30-8:30pm KARAOKE	30 10:00am Yoga 12:30pm AA 6-7:30pm SMART Recovery Friends & Family	31 10:00am Yoga 12:30pm AA 6pm to 8pm Games Night 7:00pm AA for Agnostics	Centre Summer Hours Mon/Wed/Fri: 10-4pm Tues & Thurs: 10-9pm Sat/Sun/Holidays 12-2pm	