


April 2024

IN PERSON AT AVALON WOMEN'S CENTRE NORTH SHORE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Centre hours: Monday: 10:00 am-3:00 pm Tuesday : 10:00 am – 3:00 pm Wednesday: 10:00 am – 3:00 & 4:00 -8:00pm Thursday 10:00 am- 3:00 pm Friday: 10:00 am – 3:00 pm and 4:30pm – 8:00pm Saturday and Sunday: 10:00am – 2:00pm</p>		<p>As our schedule sometimes changes, please visit our website for up-to-date information avalonrecovery.org/schedule</p> <p><u>NEW CENTRE ADDRESS- 2225 Marine Drive West Vancouver</u></p>		
	1	2	3	4	5	6
	12:15pm – AA 5:30 pm- ACOA	12:15pm - AA	12:15pm – AA 5:45pm – SMART Recovery	11:00 AM- YOGA 12:15pm - AA	10:00 AM- ALANON 12:15pm – AA 5:00pm AA Beginner 7:00pm – CODA	10:30am – Big Book 12:15pm – AA
7	8	9	10	11	12	13
10:30 AM –Sunday Morning Wake Up-Coffee & Conversation 12:15pm – AA	12:15pm – AA Acupuncture- 11:00 AM	12:15pm - AA	12:15pm – AA 5:45pm – SMART Recovery	11:00 AM- YOGA 12:15pm - AA	10:00 AM- ALANON 12:15pm – AA 5:00pm AA Beginner 7:00pm – CODA	10:30am – Big Book 12:15pm – AA
14	15	16	17	18	19	20
10:30 AM –Sunday Morning Wake Up-Coffee & Conversation 12:15pm – AA	12:15pm – AA	12:15pm - AA	12:15pm – AA 5:45pm – SMART Recovery	11:00 AM- YOGA 12:15pm - AA	10:00 AM- ALANON 12:15pm – AA 5:00pm AA Beginner 7:00pm – CODA	10:30am – Big Book 12:15pm – AA
21	22	23	24	25	26	27
10:30 AM –Sunday Morning Wake Up-Coffee & Conversation 12:15pm - AA	12:15pm – AA	12:15pm - AA	12:15pm – AA 5:45pm – SMART Recovery	11:00 AM- YOGA 12:15pm - AA	10:00 AM- ALANON 12:15pm – AA 5:00pm AA Beginner 7:00pm – CODA	10:30am – Big Book 12:15pm – AA
28	29	30				
10:30 AM –Sunday Morning Wake Up-Coffee & Conversation 12:15pm - AA	12:15pm – AA	12:15pm - AA				