

## September 2024

### IN-PERSON AT AVALON WOMEN'S CENTRE **WHITE ROCK**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30am – AA	2 *LABOUR DAY - <b>OPEN 10-2</b>  10:30am – AA  12:30pm – AI Anon <b>**NEW TIME</b>	3  10:30am – AA  12:30pm - Women's Way Recovery	4  10:30am – AA  11:40am Acupuncture (pre-registered)	5  10:30am – AA	6  10:30am – AA	7  10:30am - AA
8 10:30am – AA	9  10:30am – AA  12pm Counselling (pre-registered)  12:30pm – AI Anon <b>**NEW TIME</b>	10  10:30am – AA  12:30pm - Women's Way Recovery	11  10:30am – AA  11:40am Acupuncture (pre-registered)	12  10:30am – AA	13  10:30am – AA	14  10:30am – AA
15 10:30am – AA	16  10:30am – AA  12pm Counselling (pre-registered)  12:30pm – AI Anon <b>**NEW TIME</b>	17  10:30am – AA  12:30pm - Women's Way Recovery	18  10:30am – AA  11:40am Acupuncture (pre-registered)	19  10:30am – AA	20  10:30am – AA  12:30pm – AA Step Group (pre-registered)  7:00pm – SLAA (meets in- person once a month)	21  10:30am – AA
22 10:30am – AA	23  10:30am – AA  12pm Counselling (pre-registered)  12:30pm – AI Anon <b>**NEW TIME</b>	24  10:30am – AA  12:30pm - Women's Way Recovery	25  10:30am – AA  11:40am Acupuncture (pre-registered)	26  10:30am – AA	27  10:30am – AA  12:30pm – AA Step Group (pre-registered)  <b>6-9pm MOVIE NIGHT!</b>	28  10:30am – AA
29 10:30am – AA	30  10:30am – AA  12pm Counselling (pre-registered)  12:30pm – AI Anon <b>**NEW TIME</b>	<i>Please visit our website, as our schedule sometimes changes <a href="http://avalonrecovery.org/schedule">avalonrecovery.org/schedule</a></i>		<b>Centre hours:</b> Monday to Friday: 10:00am – 3:00pm Saturday/Sunday: 10:00am – 12:00pm Holiday's – Special Hours		