

North Shore Centre - October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Centre Hours Mon & Tues 10am to 4pm Wednesday 10am to 8pm Thurs & Fri 10am to 4pm Sat & Sun 10am to 2pm		1 12:15pm - AA	2 12:15pm AA 5:45pm SMART Recovery 7:00pm CODA	3 11:00am Yoga 12:15pm AA	4 10:00am Al-Anon 12:15pm - AA	5 10:30am - Big Book 12:15pm - AA
6 12:15pm AA	7 12:15pm - AA	8 12:15pm - AA	9 12:15pm AA 5:45pm SMART Recovery 7:00pm CODA	10 11:00am Yoga 12:15pm AA	11 10:00am Al-Anon 12:15pm - AA	12 10:30am - Big Book 12:15pm - AA
13 12:15pm AA	14 12:15pm - AA	15 12:15pm - AA	16 12:15pm AA 5:45pm SMART Recovery 7:00pm CODA	17 11:00am Yoga 12:15pm AA	18 10:00am Al-Anon 12:15pm - AA	19 10:30am - Big Book 12:15pm - AA
20 12:15pm AA	21 12:15pm - AA	22 12:15pm - AA	23 12:15pm AA 5:45pm SMART Recovery 7:00pm CODA	24 11:00am Yoga 12:15pm AA	25 10:00am Al-Anon 12:15pm - AA	26 10:30am - Big Book 12:15pm - AA
27 12:15pm AA	28 12:15pm - AA	29 12:15pm - AA	30 12:15pm AA 5:45pm SMART Recovery 7:00pm CODA	31 Halloween 11:00am Yoga 12:15pm AA	10:00am Al-Anon 12:15pm - AA	10:30am - Big Book 12:15pm - AA