


October 2024

IN-PERSON AT AVALON WOMEN'S CENTRE **WHITE ROCK**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>WE'RE EXPANDING OUR CENTRE NOVEMBER 1!!! COME FOR A VISIT ☺</p>	<p>1</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p> <p>12:30pm - Women's Way Recovery</p>	<p>2</p> <p>10:30am – AA</p> <p>11:40am Acupuncture (pre-registered)</p>	<p>3</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p>	<p>4</p> <p>10:30am – AA</p> <p>12:30pm – AA Step Group (pre-registered)</p>	<p>5</p> <p>10:30am - AA</p>
<p>6</p> <p>10:30am – AA</p>	<p>7</p> <p>10:30am – AA</p> <p>12pm Counselling (pre-registered)</p> <p>12:30pm – AI Anon</p>	<p>8</p> <p>10:30am – AA</p> <p>12:30pm - Women's Way Recovery</p>	<p>9</p> <p>10:30am – AA</p> <p>11:40am Acupuncture (pre-registered)</p>	<p>10</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p>	<p>11</p> <p>10:30am – AA</p> <p>12:30pm – AA Step Group (pre-registered)</p>	<p>12</p> <p>10:30am – AA</p>
<p>13</p> <p>10:30am – AA</p>	<p>14</p> <p>10:30am – AA</p> <p>12pm Counselling (pre-registered)</p> <p>12:30pm – AI Anon</p>	<p>15</p> <p>10:30am – AA</p> <p>12:30pm - Women's Way Recovery</p>	<p>16</p> <p>10:30am – AA</p> <p>11:40am Acupuncture (pre-registered)</p>	<p>17</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p>	<p>18</p> <p>10:30am – AA</p> <p>12:30pm – AA Step Group (pre-registered)</p> <p>7:00pm – SLAA (meets in-person once a month)</p>	<p>19</p> <p>10:30am – AA</p>
<p>20</p> <p>10:30am – AA</p>	<p>21</p> <p>10:30am – AA</p> <p>12pm Counselling (pre-registered)</p> <p>12:30pm – AI Anon</p>	<p>22</p> <p>10:30am – AA</p> <p>12:30pm - Women's Way Recovery</p>	<p>23</p> <p>10:30am – AA</p> <p>11:40am Acupuncture (pre-registered)</p>	<p>24</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p>	<p>25</p> <p>10:30am – AA</p> <p>12:30pm – AA Step Group (pre-registered)</p> <p>6-8pm Potluck/Speaker Meeting</p>	<p>26</p> <p>10:30am – AA</p>
<p>27</p> <p>10:30am – AA</p>	<p>28</p> <p>10:30am – AA</p> <p>12pm Counselling (pre-registered)</p> <p>12:30pm – AI Anon</p>	<p>29</p> <p>10:30am – AA</p> <p>12:30pm - Women's Way Recovery</p>	<p>30</p> <p>10:30am – AA</p> <p>11:40am Acupuncture (pre-registered)</p>	<p>31 *HALLOWEEN</p> <p>10:30am – AA</p> <p>12-2pm Counselling (pre-registered)</p>	<p><i>Please visit our website, as our schedule sometimes changes</i></p> <p>avalonrecoveryociety.org/schedule</p>	<p>Centre hours:</p> <p>Monday-Friday: 10:00am – 3:00pm</p> <p>Saturday/Sunday: 10:00am – 12:00pm</p> <p>Holiday's: 10:00am-2:00pm</p>