North Shore
OCTOBER 2026

AVALON RECOVERY SOCIETY

604-913-0477

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 11:30 Meditation 12:15pm- AA 1:15- The Magic	2 10am- Al-Anon 11am- The Magic 12:15pm- AA 1:15- The Magic	3 10:30am- Big Book 11:30- The Magic 12:15pm- AA 1:15pm- The Magic
4 12:15pm- AA 1:15- The Magic	5 10:10-1:30pm- Acupuncture 11:30 Meditation 12:15pm- AA 1:15- The Magic	6 11:30 Meditation 12:15pm- AA 1:15- The Magic	7 11:30 Meditation 12:15pm- AA 1:15- The Magic	8 11:30 Meditation 12:15pm- AA 1:15- The Magic	9 10am- Al-Anon 11am- The Magic 12:15pm- AA 1:15- The Magic	10 10:30am- Big Book 11:30- The Magic 12:15pm- AA 1:15pm- The Magic
11 12:15pm- AA 1:15- The Magic	12 Holiday Hours 12pm-2pm 12:15pm- AA 1:15- The Magic	13 11:30 Meditation 12:15pm- AA 1:15- The Magic	14 11:30 Meditation 12:15pm- AA 1:15- The Magic	15 11:30 Meditation 12:15pm- AA 1:15- The Magic	16 10am- Al-Anon 11am- The Magic 12:15pm- AA 1:15- The Magic	17 10:30am- Big Book 11:30- The Magic 12:15pm- AA 1:15pm- The Magic
18 12:15pm- AA 1:15- The Magic	19 11:30 Meditation 12:15pm- AA 1:15- The Magic	20 11:30 Meditation 12:15pm- AA 1:15- The Magic	21 11:30 Meditation 12:15pm- AA 1:15- The Magic	22 11:30 Meditation 12:15pm- AA 1:15- The Magic	23 10am- Al-Anon 11am- The Magic 12:15pm- AA 1:15- The Magic	24 10:30am- Big Book 11:30- The Magic 12:15pm- AA 1:15pm- The Magic
25 12:15pm- AA 1:15- The Magic	26 11:30 Meditation 12:15pm- AA 1:15- The Magic	27 11:30 Meditation 12:15pm- AA 1:15- The Magic	28 11:30 Meditation 12:15pm- AA 1:15- The Magic	29 11:30 Meditation 12:15pm- AA 1:15- The Magic 7:00- Speaker	30 10am- Al-Anon 11am- The Magic 12:15pm- AA 1:15- The Magic	31 10:30am- Big Book 11:30- The Magic 12:15pm- AA 1:15pm- The Magic 6-8pm-Potluck!

www.avalonrecoverysociety.org